



The Top Ten Reasons to Live in Rez!

Here's the good news! research tells us that compared to their counterparts who commute, resident students:

- 10 Are more comfortable with the campus environment and more satisfied with their university experience.
- 9 Have more interaction with a diversity of faculty and staff, resulting in greater opportunity for mentoring relationships, academic discussion, and exploration of ideas.
- 8 Demonstrate greater gains in critical thinking. (An invaluable life and work skill!)
- 7 Show more rapid development of social and interpersonal skills.
- 6 Experience greater personal growth and development. They meet more challenges in this diverse residence community and have greater opportunities to grow.
- 5 Have higher self-esteem. They feel better about themselves and their accomplishments. They demonstrate more self-confidence.
- 4 Develop greater tolerance for different cultures and lifestyles. Living in residence helps break down cultural biases and stereotypes.
- 3 Build stronger friendships, and experience a greater sense of community.
- 2 Are more involved in residence and campus extra-curricular and volunteer activities—where they gain “functionally transferable” skills that will aid them throughout their lives (and are highly prized by future employers). Skills like:
 - interacting/working with others in small groups
 - managing a budget
 - expressing one's ideas in formal or informal meetings
 - negotiating with administration
 - creating and following through on projects

And the number one reason—

- 1 Are more likely to graduate from university!

Best news of all? Researchers found evidence that suggests the net effects of residence hall living tend to be cumulative, and may increase in magnitude over the resident's university career. Translation? Maybe the more years, the better!

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RezLife

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